



Consent for Treatment and Limits to Confidentiality

What you discuss during your therapy session is kept confidential. No contents of the therapy sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian.

The following is a list of exceptions:

- Duty to Warn and Protect

If you disclose a plan or threat to harm yourself, the therapist must attempt to notify your family and notify legal authorities. In addition, if you disclose a plan to threaten or harm another person, the therapist is required to warn the possible victim and notify legal authorities.

- Abuse/Neglect of Children and Vulnerable Adults

If you disclose, or it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist must report this information to the appropriate state agency and/or legal authorities.

- Court Orders

Therapists must respond to a release information in accordance with valid court orders.

- Minors/Guardianship

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

- Insurance Providers

Insurance companies and other third-party payers are given information that they request regarding services to the clients. The type of information that may be requested includes: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, summaries, etc.

By signing below, I agree to the above assumption of risk and limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Parent/Guardian if under 18)

Date

I authorize the release of any medical or other information necessary to process claims. I also request payment of benefits to Shannon E. Smith LPC, LLC, for services provided and claimed.

Client Signature (Client's Parent/Guardian if under 18)

Date